

BREMER WAY



A NEW YEAR RECIPE

4 Cups of LOVE	5 spoons of HOPE
2 Cups of LOYALTY	2 spoons of TENDERNESS
3 Cups of FORGIVENESS	4 quarts of FAITH
1 Cup of FRIENDSHIP	1 Barrel of LAUGHTER

Take love and loyalty, mix it thoroughly with faith. Blend it with tenderness, kindness, and understanding. Sprinkle abundantly with laughter. Bake it with sunshine. Serve daily with generous helpings.

NEWSLETTER

January, 1988

OFFICE NOTES - Kathy Sayer

REMINDER

Just a reminder to all pet owners ----- PLEASE remember to pick up after your dogs.

SAFETY SUGGESTIONS FOR RESIDENTS

Be aware that ice develops on wooden steps and porches before it shows up on sidewalks.

Ice at 10 degree F is not as slippery as at 32 degrees F. Ice at 32 degrees will be topped off with a thin surface of water that makes it extra hazardous.

If you are unsteady on your feet, avoid bad weather walking as much as possible.

If you have to go out on icy or wet streets, wear shoes that have a good tread - a ribbed sole will provide better traction than a sole with a smooth surface.

When walking take short steps - shuffle. Spread your feet slightly and keep your weight forward.

You might prepare yourself for a possible fall by keeping your body relaxed and your knees slightly bent. If you slip, you could just sort of sit or kneel down rather than have your feet slip out from under you.

Be especially careful when going up or down painted wood or smooth concrete steps. Place the whole foot on the steps and do not just catch the edge.

JUMPER CABLES

If anyone is interested in having the directions for the use of jumper cables, stop in the office and I'll give you a copy to keep in the car.

SUNSHINE COMMITTEE - Phil Case #220

Our heartfelt sympathy goes out to Adeline LaBrosse #317 and the family at the death of Joe. He died on Dec. 6. The funeral and burial was in Duluth.

Melba Stevens #221 spent 3 days in North Memorial Medical Center where she had surgery on Dec. 9. She returned home on the 12th and was feeling well enough to join us at the Christmas Party Dec. 18.

Bertha Walker #210 is back in North Memorial Medical Center with a blood clot. We wish her a speedy recovery and that she will be back home soon.

Howard Johnson #207 is recovering well from his surgery and has been able to get around with a walker. He has been able to attend the christmas events and is seen periodically in the halls and parlor. He is getting anxious to have the knee surgery over. His hip feels so good.

Muriel Munson #209 fell in her apartment and cracked her ribs. Her recovery is slow and movement limited.

Frieda Zinn #219 fell in her apartment and broke her left arm. We wish both Muriel and Frieda a speedy and full recovery.

SOCIAL COMMITTEE - Audrey Johnson #106 & Gen Johnson #207

The month of December was very busy for the Social Committee. All their planning and work was worth it. Approximately 45 residents attended the Tree Trimming party on Dec. 4. It was a gala evening.

The Bremer Way Choral Group started off the evening by caroling thru the halls primming everyone into the christmas spirit. They ended up in the front lobby where others gathered around joining in the singing.

They then filed into the "bare looking" Community room where in no time the real spirit of christmas came to life. The tree and room was decorated in no time and was indeed as beautiful as in the past.

Everyone them partook in the delicious refreshments and fellowship. It was indeed a wonderful evening.

A BIG THANK YOU to all who brought desserts and to AUDREY JOHNSON who made all the fancy sandwiches.

The Social Committee thanks you all for coming and we are happy you enjoyed it.

On Friday, December 18th 73 Residents and 12 guests gathered in the Community Room for the gala Christmas festivities.

The Roast Beef dinner served by cateress Liz Loeffler was most delicious. The beautiful decorated tree soon became complete as people gathered and gifts began to pile up under it.

Mr. & Mrs. Santa Claus paid us a visit and joined in with the Bremer Way Choral group that entertained us. The group did a fantastic job and their singing sounded as tho' they had been doing it together for a long time. (They only had 4 practices.)

Those who participated and shared their singing talent with us deserve recognition and a SPECIAL THANK YOU.

They are:	Glenn Davis #102	Sylvan Josephson #201
	Bob Borne #208	Phil Case #220
	"Bud" Berg #108	Loma Conlin #328
	Cliff Bjork #120	Vi Bohn #301
	Joe Josephson #201	Lucille Berg #108
	Ernest Cleveland #316	Elinore Streed #307
	Andy Chismar #109	Bertha Fischer #326

and last but not least, Eva Sampson #224 who was instrumental in forming the group and setting up their program and directing it.

You did a great job, guys and gals and we hope you will sing for us again in the future.

We also had the talented services of Mary Dudon who accompanied them at the piano.

Mr. & Mrs. Santa (Wayne and Teri Purcell) along with their little "elves" added zest in distributing the gifts.

The evening was topped off by a Sing-Along of favorite christmas carols directed by Eva Sampson.

Everyone reported a good time and beautiful evening. The Social Committee THANKS YOU ALL and we wish you a VERY HAPPY NEW YEAR.

The next Social event is a POT LUCK SUPPER on Friday, January 15, 1988 at 6:00 P.M. The sign up sheet is up on the Bulletin Board. Mark your calendar.

CRIBBAGE STANDINGS - Audrey Johnson #106

Winners:	10-26	1st	Marie Chismar & Ted Heath
		2nd	Joe Josephson & Ben Abraham
	11-2	1st	Marie Chismar & Loma Conlin
		2nd	Phil Case & Cliff Hanson
	11-9	1st	Mae Hamberg & Melba Coursolle
		2nd	Cliff Hanson & Andy Chismar
			Audrey Johnson & Joe Josephson
			Sylvan Josephson & Esther DeTuncq
	11-16	1st	Marie Chismar & Phil Coursolle
		2nd	Berma Farrell & Joe Josephson
	11-23	1st	Ted Heath & Melba Coursolle
		2nd	Mae Hamburg & Andy Chismar
	11-30	1st	Esther DeTuncq & Mae Hamburg
			Andy Chismar & Ted Heath
			Harold Wiebusch & Berma Farrell

NEWSY CONDO TIDBITS

Mary Olson #212 vacationed in Texas over the Thanksgiving Holiday.

Dorothy Beavers #107 vacationed in Germany for the Christmas Holidays. She left on Dec. 11 and will be gone for a month. Her daughter lives there with her husband and family.

Elizabeth Hughes #318 spent her Christmas holidays in Michigan.

The Community Room got good use over the holidays. There were many who reserved it for their family gatherings.

Off to "sunny" climates for the rest of winter are Bob and Dorothy Borne #208 Andy and Marie Chismar #109 and Rueben and Olga Theilke #310. We wish you all, a safe journey. See you in the spring.

WEDDING CONGRATULATIONS are in order for the month of January to:

Lloyd and Gert Phalen #322 Jan. 25 - 41 years
Adolph & Marie Enge #103 Jan. 28 - 17 years

A SPECIAL THANK YOU to Lorraine Anton #320 who took the time to put out the Christmas bags for the Paper Boys. And for seeing that they got them.

ASSOCIATION DUES ARE DUE THE FIRST OF THE MONTH.

"WE'VE COME A LONG WAY, BABY"

If we get to feeling sorry for ourselves, look what we've got to be grateful for.

MONDAY MORNING BLUES

If you are feeling a little blue on a Monday, maybe the following washing instructions will cheer you up. Great, great grandma wrote it all down so her daughters would know exactly what to do. These are her original instructions for doing the Monday wash and her original spelling (whether you approve or not).

1. Bild a fire in back yard to heet the kettle of rain water.
2. Set tubs so smoke wont blow in your eyes if wind is pert.
3. Shave a hole cake of soap in bilin water.
4. Sort things, make 3 piles... 1 pile whiet, 1 pile cullard, 1 pile work britches and rags.
5. Star flour in cold water to smooth then thin down with biling water.
6. Rub dirty spots then bile-rub cullards but don't bile--just rench and startch.
7. Take whiet things out of kettle with broom stick handle, then rench and startch.
8. Spread tea towels on grass.
9. Hang rags on fence.



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10. Pore rench water in flour bed.
11. Scrub porch and out house with hot soapy water.
12. Turn tubs up side down.
13. Go put on clean dress.
14. Smooth hair with side combs.
15. Brew a cup of tea - sit and rest and rock a spell.
16. Count blessings.

THANK YOU

THANK YOU

THANK YOU

Twas the day after Christmas
And we were all home,
Thinking of Thank-You's
So we wrote you this poem

We had eaten so many chocolates and sweets,
And drank so much wine
We fell off our seat's!

Our pockets were jingling,
With coin and with cash,
It was hard to get upright
because of the stash

The personal items are treasured by all,
You made each of us feel
One hundred feet tall!

So this is our thanks and we want to say,
A most Happy New Year to You
Bremer Way!

Jack

Kathy
Steve

BREMER WAY



A lot of good could be accomplished
in this world if nobody cared who got
the credit.

NEWSLETTER

April, 1988

MANAGERS REPORT - Kathy Sayer

There are still several small Fire Extinguishers left for sale. If anyone still wants one stop by the office.

Since the break in Saturday morning I think it worthwhile to emphasize the importance of being alert and aware of what goes on around the building. I also want to make straight the rumor that is circulating that Jim Farrell was able to get in the front door with a credit card. The fact is that he did not get in but said that he thought he probably could with a strong card. When the Locksmith was here on Monday he assured me there was no way this could be with a credit card or any other implements. He was willing to take bets on it. Never the less, we are having a lock guard installed on that door as soon as one is found to fit. It will take a special one. Rumors have a way of becoming exaggerated in a very short time. Please, in the future I ask you to confirm your information with the office.

MAINTENANCE REPORT - Paul Conlin #328

There will be work benches in the work shop soon.

Mike is getting prices on the Wrought Iron Benches for in front of the Condo and we should have them before summer.

GARDEN COMMITTEE REPORT - Elmer Broin #215

The Flag Pole Circle was uncovered Monday, and the tulip bulbs are up. So many people were pleased with the beauty of the flower bed last summer that we have decided to repeat the same flowers this spring for all to enjoy. I have appreciated all the help the volunteers have given these past seasons.

SUNSHINE COMMITTEE REPORT - Phil Case #220

Regina Beutz #225 is still recuperating at the Crystal Lake Care Center. Her condition is improving but it will still be sometime before she will be able to return home.

Rollie DeTunçą #104 spent one week at the Osseo Health Care Center after being dismissed from the hospital. He is now home and is glad to be back.

Marian Klamán #218 spent 5 days at North Memorial Medical Center undergoing several test. She is now home but will have to return to the hospital in about 3 weeks for an x-ray.

Bertha Walker #210 is back home once again after spending several weeks recuperating at her sons home. She is feeling much better and takes short walks in the halls.

SUNSHINE COMMITTEE - continued

Harold Wiebusch #112 is feeling better and is spending time doing what he likes to do. Playing cards and "beefing" with the fellows in the parlor.

We wish everyone a full and speedy recovery.

SOCIAL COMMITTEE REPORT - Audrey Johnson #106

Please mark your calendars for Friday, April 22. There will be a delicious Pork Chop & Dressing catered dinner served by Cateress Liz Loffler. The price is \$6.00 per person. There will be a Social Hour at 5:30 P.M. The dinner will be served at 6:00 P.M. with entertainment following. The sign up sheet is on the Bulletin Board. Make note that if you cannot come to the dinner but would like to have the meal sign the sheet and place a check after your name and your meal will be brought to your unit. PLEASE make your checks payable to Bremer Way Residents Fund.

NEWSY CONDO TIDBITS

Wedding Anniversary Congratulations are in order for April to:

Andy & Marie Chismar #109 - April 25-46 years

Our condo is beginning to buzz with a little more activity. Some of our vacationers are returning home.

Vi Bohn #301 is home after vacationing for three weeks in California, Arizona and Vegas

Eva Sampson #224 is back from spending two weeks in Texas. She went in February but the Editor missed printing it in the last newsletter. Sorry Eva.

Jim & Berma Farrell #321 is home after spending 6 weeks in Texas.

Phil & Melba Courselle #222 is home after spending 2 weeks in Arizona.

Adolph & Marie Enge #103 are home from Arizona, but I understand they will be returning to Arizona for a little longer stay.

Mary Olson #212 took off for an extended visit in Texas. She left the morning of our last big snow storm. She was determined to go - Hope the trip went well, Mary.

Jean Gregory #306 is home after her trip to Hawaii. She would love to go back.

Have you noticed Steves notice above the mail boxes? He is willing to work after hours to wash your windows for a very nominal price. If you are interested be sure to sign up.

ASSOCIATION DUES ARE DUE THE FIRST OF THE MONTH

Happy Easter!

BREMER WAY CALENDAR - APRIL 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 LORRAINE KETTER	4 CRAFTS 2:00 PM CRIBBAGE 6:30	5 COFFEE KLATCH 10:00 AM	6 CARDS 2:00 PM SOCIAL COMM. MEETING 5:30	7	8	9
10 VI WALLANDER	11 CRAFTS 2:00 PM CRIBBAGE 6:30	12	13 CARDS 2:00 PM	14	15	16
17	18 CRAFTS 2:00 PM CRIBBAGE 6:30	19 COFFEE KLATCH 10:00 AM	20 CARDS 2:00 PM	21	22 CATERED DINNER 6:00 PM 5:30 P.M. - Social FRUIT	23
24	25 CRAFTS 2:00 PM CRIBBAGE 6:30	26	27 CARDS 2:00 PM HOMEOWNER MEETING 5:30	28	29	30 EVA SAMPSON

BREMER WAY



COULD IT BE--

- that when you find yourself in hot water, you should take a tip from the teakettle and whistle?
- that if you blame others for your failures -- you should credit others for your successes?
- that you can never injure your eyesight by looking on the bright side of things?

NEWSLETTER

May, 1988

MANAGERS REPORT - Kathy Sayer

Just some Spring reminders:

It is a fire regulation that all apartment doors remain closed.

Any plants hung on the balconies should be hung a reasonable distance back from the edge of the balcony. Any homeowner with a hanging plant is responsible for any damage done by those plants.

Pet owners remember to take your dogs out to the periphery of the property.

With window and balcony doors being open more now - Be aware of your neighbors and keep the volume of the TV and Radios at a respectable level.

Anyone with a garage may not use the circle drive in front for parking their car. That area is to be used for those without a garage and for visitors.

I'd like to take a minute to thank all the people around here that just keep things running so smoothly. Some times when things seem to be going along so well we forget that it's good hearted willingness of these people that keep things going so well for all of us. Such as: the girls that keep the Library up to date, the ones that work with the I'm OK program, our Sunshine girl, the Social Committee gals not to mention getting the newsletter out every month. We're awfully lucky to have so many that are willing to help out so often. Our committees could use a thank you every now and again also. The time and effort all of these people expend on our behalf is a very valuable commodity. I know we all appreciate these people. We just need to say THANK YOU every now and again.

GARDEN COMMITTEE REPORT - Elmer Broin #215

Now that the daffodils are starting to blossom in the Flag Pole Circle flower bed, I guess we can think Spring. Soon the tulips will be in blossom and we will have those to enjoy for awhile. The flowering Crab trees should also be pretty this spring. The Garden Committee will make arrangements for the planting of petunias and geraniums after May 15th. They will be planted in the Flag Pole Circle and Patio circle which is outside the Community Room. We are hoping there will soon be benches in place outside the front entrance and in the patio on the Emerson side of the building.

LIBRARY COMMITTEE REPORT - Lucille Berg #108

We have a new book in the Bremer Way Library. It contains excerpts from the complete writings of the Bicentennial Book written by the members of the Senior Citizen Program of the Community Educational Service Dept. of the Minneapolis Public Schools. Information on the complete and abbreviated book is available at the following number - 348-5767.

Come in and see it for yourself. I am sure you will be pleased to read it and enjoy many of the excerpts about life and love in early America.

The following is an example taken from the book:

I remember Mama's golden brown bread that smelled so good when it was baking in the black, polished stove that produced so many good things. There wasn't much money for Mama to spend but there was always "enough to go around", and no one ever went hungry. My memory goes back to the old, wooden tub that Mama put in the middle of the big kitchen floor every Saturday night. The burning wood in the black, polished stove kept the kitchen warm when it was blistery cold outside. Mama didn't worry if we splashed water on her white, scrubbed kitchen floor. It "can be wiped up" she would say. Mama knew that we would help wipe it up. She had a remarkable gift of showing and making children understand that it was "right".

Jennie Faber

SUNSHINE COMMITTEE REPORT - Phil Case #220

Marian Klamann #218 is in North Memorial Medical Center after undergoing surgery April 19. Her surgery was a success and the report is she will be coming home soon. Her room number is 421.

Frieda Zinn #219 had minor surgery at North Memorial Medical Center and is recovering well.

Helen Berg #101 had cataract removal and implant surgery and is home and doing well.

Howard Hanley #327 is home after undergoing surgery at North Memorial Medical Center.

Cliff Hanson #223 is doing well after having Outpatient surgery at Abbott Northwestern Hospital on his back.

Howard Johnson #207 is in North Memorial Medical Center. He had surgery for the replacement of both of his knees on April 25. He is still on heavy medication for the pain, but is doing ok. His room number is 701 and his telephone number is 520-4658.

We wish all these people a healthy and speedy recovery.

SOCIAL COMMITTEE REPORT - Audrey Johnson #106

There was 79 people present at the Catered dinner. The Committee was pleased with the turn out. Everyone liked the pork chop dinner and all seemed thrilled by the performance of Bob Mendenhall and Don Schirmer. Their music was truly a joy and singing along with them made it lots of fun.

The Chanhassen Dinner and Theatre trip is coming up Sunday, May 22. The show will be "Private Lives" a comedy. Reservations are in the process of being finalized. We hope it will be enjoyed by all.

SOCIAL COMMITTEE - continued

The May-June Birthday Party will be held Tuesday afternoon, May 17. The "Hill Willies" will entertain. The Birthday Kids will again be admitted free and all others will pay \$1.00. There will be a sign up sheet on the bulletin board shortly with time, etc. Note that there will be no Coffee Klatch on Tuesday morning, May 17. It will be Tuesday, May 24th instead.

On Saturday, June 4 we will be honoring three Bremer Way Couples who have reached their 60th Anniversary year. They are Elmo & Onnie Lunkley #206, Leonard & Loreen Lund #226 and Paul & Loma Conlin #328. We hope everyone will turn out for this special event. You will hear more about this in the next newsletter.

On Wednesday, June 1 at 9:45 A.M. we will be having a special visit from two classes of first graders from Hamilton school. These are some of the children that Lyder Berg, Gladys Conrad, Dorothy Beavers and Audrey Johnson have been working with. They will entertain for us and we in turn will entertain for them with the "Anoka Off Beats". We want to show them our nice lifestyle and to show a different side of Seniors than the Nursing Home version. We are hoping for a good turnout. Please try to come. Cookies and coffee will be served.

We regret to announce that Eva Sampson #224 submitted her resignation from the Social Committee. She was a great asset and she will be missed. A big THANK YOU EVA for all the outstanding work you did for us in the past.

The next Social Committee Meeting will be held Wednesday, May 4, 5:30 P.M.

NEWSY CONDO TIDBITS

Wedding Anniversary Congratulations are in order for May to:

Paul & Eleanor Lindstedt #204 - May 4 - 31 yrs.
Elmo & Onnie Lunkley #206 - May 15 - 60 yrs.
Glen & Marjorie Davis #102 - May 19 - 37 yrs.
Ruben & Olga Thielke #310 - May 22 - 40 yrs.

We once again almost have a full house. More residents have returned home. WELCOME HOME to Andy & Marie Chismar #109, Bob & Dorothy Borne #208, Adolph and Marie Enge #103, Charles VanderVoort and Geneva Schroeder #305.

Five gals, Marna Bjork, Jane Bloomquist, Hilda Reinking, June Reath and Gen Johnson will finish five weeks of a Hardanger Class on May 2. They met every Monday afternoon from 1:30 to 3:00 P.M. in the Community Room. They had a very excellent instructor. She came from St. Paul. She has taught Hardanger for 16 years. Teaching at the Sons of Norway and in the St. Paul schools. All the girls found it challenging but fun and they were excited about learning a new craft.

EDITORS NOTE

I have made the first anniversary of being the Newsletter Editor and I didn't get fired so guess I didn't do too bad. I have enjoyed the challenge. I want to take this opportunity to thank you for your support and input. I hope that you will continue to give me your help because I know there are news items around the Condo that I miss. I am asking each of you to be my reporters and whenever you know a bit of news to tell me or slip a note under my door or leave it with Kathy in the office. Remember this is YOUR NEWSLETTER I am only the trusted servant.

JESUS SPEAKS TO THE MOTHERS OF THE WORLD

Tears that fall in droplets one by one
Though they are hidden from the sight of everyone.
I see them and I know the anguish there
The loneliness and sorrows you must bear.
I bless those tears and catch them in my hand
Less they be lost and useless in the sand.
Then carefully I place them in the sea,
Their salt not wasted - but returned to me.
O Mothers all remember when you cry,
That I am with you ever standing by.
To comfort and console the heartaches that I see
For many times, you know, my Mother wept for me.

Submitted by Loma Conlin #328

WEEKEND VISIT

Dear Daughter,

There's a little plastic lizard lying in by bathroom sink.
There's a half-finished lemonade, someone forgot to drink.
The back yard's full of sundry toys, the staircase full of blocks.
The fountain water's muddy and the dog's bowl full of rocks.
There's an odd list to the porch swing that wasn't there before
and the cat hides apprehensively behind the pantry door.

But the troops have left the field and a calm settles over all,
Your father looks unhinged, gulping aspirin down the hall.
Ah yes, little ones are wonderful! Their smiles are our delight.
But it is as I remembered...the best time is still the night,
When the freshly bathed cherubs are all snuggled in their beds,
And we can connect two thoughts in our befuddled heads.

So though we lived each hectic moment and the time went by too fast,
Quite honestly, my pet, weekends are all that we can last.
I'm filled with admiration for you, Daughter, and your mate,
As you handle fragile psyches, with an expertise...first rate!
You are really super parents and I hope that we were too....
But I'm awfully glad that we are we, and you, my dears are you!

Love to you all

Mama

HAPPY MOTHERS DAY!

BREMER WAY CALENDAR - MAY 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 JIM FARRELL COMM. ROOM	2 CRAFTS 2:00 PM	3 COFFEE KLATCH 10:00 AM	4 SOC. COMM. MEETING 5:30 CARDS 2:00 PM	5	6	7
8	9 CRAFTS 2:00 PM	10	11 CARDS 2:00 PM	12	13	14
15	16 CRAFTS 2:00 PM	17 NO COFFEE MAY & JUNE BIRTHDAY PARTY	18	19	20	21 HEATH'S COMM. ROOM
22	23 CRAFTS 2:00 PM	24 COFFEE KLATCH 10:00 AM	25 CARDS 2:00 PM	26	27 DON BERG COMM. ROOM	28
29	30 HOLIDAY MEMORIAL DAY	31 COFFEE KLATCH 10:00 AM				

BREMER WAY

The good we do today becomes the
happiness of tomorrow.

NEWSLETTER

June, 1988

MANAGERS REPORT - Kathy Sayer

REMINDER: When the fire alarm goes off in the building, we must dial 911. We are Not connected to the fire department. The people at 911 do not mind getting several calls for the same occurrence.

I hope everyone has all of their updated medical information and phone numbers posted on the inside of their fuse box. If there is an emergency on a weekend or evening, that information will be helpful to anyone helping, including EMS.

It's been on an average of twice a week that someone leaves the garage without closing the garage door. Please hit your garage door opener as soon as you have cleared the garage door.

Our Mini-Clinic will begin June 10 at 10:00 A.M. to 12:00 noon. Ruth Larson is the nurse and she will be coming the second Friday of each month.

There is quite a number of oil spots in the garages. It is up to the individual to keep their parking spot clean. Any damage resulting from oil spots will be charged to the individual whose car is parked there. Those who have oil leaks please put a piece of cardboard under your car. You cannot use kitty litter, sand or any other material that can be tracked in.

I'd like to remind everyone that Jack and Steve are not suppose to do anything in your units other than plumbing, such as leaks or window problems. The guys have been changing light bulbs for those that shouldn't be climbing around on ladders even though it is not part of their job. What is happening is that they are getting behind on their work because they are so willing to help everyone. Spring is an incredibly busy time for them. If you need help with something please let me know in the office and I'll try to get one of your neighbors to help. We have a lot of men here who are just wonderful about helping out.

I want to take this opportunity to give special thanks to the fellows on the Maintenance and Woodworking Committees for the beautiful benches they built and installed outside the Community Room. They are now busy finishing up the benches for the front of the building and they should be installed real soon. Their work saved the Association a lot of money.

Also, the Arts and Decor committee has shown their great talents again. The palm trees and floral baskets are simply gorgeous. The girls did the arranging of the baskets themselves and saved the association a pretty penny in doing so.

Elmer Broin has resigned as the chairman of the Garden Committee. He has done a terrific job on the Garden Committee. He also was instrumental in helping get the Social Committee off the ground. He now feels it's time to let someone else have a turn. Many Thanks Elmer, for all the hours of dedicated service.

MANAGERS REPORT CONTINUED

"Van" Rudolph #228 is the new Garden Committee Chairperson. She and the rest of her committee were very busy Friday finishing up in the flag pole circle and planting in the patio circle on the Emerson side. They are trying some testing with Mums and another perennial in that area. The flowers in the front circle was planted by Malmborgs. They all deserve a big thank you for a job well done.

SUNSHINE COMMITTEE - Phil Case #220

Marian Klamon is home after a 17 day stay at North Memorial Hospital. She is feeling good and looking great and is about her usual activities.

Delna Abraham #111 is doing well after her cataract surgery on April 29.

Lloyd Gilyard#202 is home again after a five day stay at Abbott Northwestern Hospital where he was taken on May 6 for Xrays and tests.

Howard Johnson #207 is home after 10 days in North Memorial. He is doing real well and is out walking in the halls.

Regina Beutz #225 is improving and is walking in the halls at Crystal Lake Health Care Center. She will remain there for awhile yet but is anxious to get back to Bremer Way.

Esther DeTuncq #104 is scheduled for knee surgery at North Memorial Medical Center on June 20.

We wish all a speedy and full recovery.

SOCIAL COMMITTEE - Audrey Johnson #106

The Birthday Party on Tuesday Afternoon, May 17 was well attended. The Hill Willies were a change of pace, and everyone seemed to enjoy them.

On Sunday June 22 thirty people boarded a Medicine Lake Lines bus and journeyed to Chanhassen for dinner and the theatre. Everyone seemed to enjoy it with the exception of the bus ride. We are sorry if anyone felt uncomfortable during the ride but to get any other kind of bus it would cost us another \$100.00

I would like to ask if anyone interested in taking a turn running the Coffee Klatch on a Tuesday morning please contact me or sign up on the sheet on the Bulletin Board. Please! we need you.

REMEMBER Wednesday, June 1 at 9:45 A.M. the children from Hamilton School will be here. We are hoping to have a good attendance from Bremer Way. The Anoka Off Beats are going to perform and there will be coffee and cookies served to the adults after the children have theirs and leave. An added attraction also will be "The Bard" who writes a column in the Northside Shopping Guide which is delivered here every week.

SOCIAL COMMITTEE continued

Don't forget the party for Saturday, June 4. We will pay honor to our three couples who are celebrating 60 years of marriage. Social Hour will be at 6:30 P.M. There will be a light lunch and a Magician and his wife will entertain us. There will be NO charge for this event.

NEWSY CONDO TIDBITS

June Wedding Anniversary Congratulations are in order for:

Joe & Sylvan Josephson #201	June 5 - 2 yrs.
Don & Jane Bloomquist #304	June 6 - 40 yrs.
Lloyd & Ruth Gilyard #202	June 8 - 53 yrs.
Paul & Loma Conlin #328	June 12- 60 yrs.
Willard & Dorris Carlson #324	June 12 - 47 yrs.
Frank & Lucy Puccio #325	June 14 - 55 yrs.
Robt. & Dorothy Borne #208	June 14 - 47 yrs.
Leonard & Loreen Lund #226	June 16 - 60 yrs.
Ben & Delna Abraham #111	June 19 - 51 yrs.
Howard & Joyce Hanley #327	June 22 - 42 yrs.
Phil & Melba Courselle #222	June 26 - 51 yrs.
Rollie & Esther DeTuncq #104	June 29 - 59 yrs.

Welcome home to our last two Arizonians -- Willard and Dorris Carlson #324 came home May 5.

Welcome back to Mary Olson who had a long stay in Texas. She came home thinner and with a new hair cut.

Lorraine Anton #320 left May 26 with her sister to vacation for a week in New York.

Leonard & Loreen Lund enjoyed a visit from their son Jack from Florida.

The Bremer Way Red Carpet goes out once more. We welcome Gene Worthingham the new resident in #214.

It is not often couples are granted the grace of celebrating 60 years of marriage together. Having reasonably good health and enjoying life as it is today. We here at Bremer Way are honored to have three couples among us who are doing just that and all within a short span of time of one another.

They have a history to tell. They have seen many changes in their journey together as man and wife. They have experienced sad times and happy times. No one can be married 60 years, raise a family and not have stories to tell. They all have their memories that will always be special.

I thought it would be an added addition to this newsletter to give them some special recognition so I asked if they would share a little of their history with us.

The first couple to take the "Big step" on their journey together was Elmo and "Onnie" Lunkley #206.

It was on May 15, 1928 that Adelaine "Onnie" Nelson and Elmo Lunkley exchanged marriage vows at the Simpson Methodist Church in South Minneapolis. The Rev. Royal Smith performing the ceremony.

Elmo and Onnie attended High school together.

They set up housekeeping in an apartment on Blaisdell and Lake St. They moved to another apartment on 36th and Dupont Ave. North when Elmos' employment brought him to North Minneapolis.

In 1936 they bought their first house at 4300 Xerxes Ave. No., where they lived for 49½ years. They then sold this home and moved to Bremer Way on Jan. 29, 1986.

To this union two sons were born. Bruce, who is a Voice teacher and now resides in Texas. He has been Prof. of Music and Director of Austin College since 1959. The other son, Bob lives in Edina and is at present Manager of Justers Store in Ridgedale. Over the years he has managed several Juster stores throughout the city.

Elmo and Onnie talk with pride about their sons and their families. And rightfully so. They have five grandchildren and three great grandchildren, which they regret not seeing often enough. One lives in San Diego and 2 live in Texas.

Onnie before her marriage was a Secretary to an Accountant in downtown Minneapolis. She quit after she married to become a full time housewife and mother.

Elmo was a Musician all his life. He belonged to the Musicians Union since 1924. He taught Instrumental music at South High for two years, at Patrick Henry for 8 years and at Edison for 28 years. He also played with a band at leading hotel restaurants around the city.

Onnie commented they had their first real trip on their 25th Wedding anniversary. She saved the money for it in a coffee cup.

When asked what their recipe was for staying in love and surviving the longevity of marriage Elmo commented the minister had said "For better or for worse" and guess they took it seriously. They've had many happy and fun years and some not so happy but they've weathered the storm, and today they are very happy and contented here at Bremer Way.

The second couple to join a life together was Paul & Loma Conlin #328

On June 12, 1928 Loma Jaeb of Albertville, MN became the bride of Paul Conlin of rural Albertville. Their vows were exchanged at St. Alberts Catholic church in Albertville with Father Schulte officiating.

For two years before her marriage Loma worked at the General Store in Albertville. She then came to Minneapolis and worked as a clerk for Daytons for the next two years. After they married she moved to Pauls farm and started her career as a farmers wife for the next 15 years.

During these years Pauls' father and brother lived with them and when Pauls' father became ill Loma took care of him.

Four children blessed this couple - two boys and two girls. They all are now living within a radius of 25 miles. - Two in St. Paul, one in Anoka, and one in New Hope. They proudly boast 21 grandchildren and 23 great grandchildren.

Paul had been a farmer all his life but after 15 years they decided to move to Minneapolis to give their children better educational advantages. Loma went back to work for Daytons for two years. Paul used his machinist trade that he had acquired at Dunwoody Institute after he had finished the 8th grade, but had never used. He went to work at Northern Pump where he worked for four years until he was laid off after the war. It was then that he and Loma decided to go into business for themselves and they bought a grocery store on 33rd and Nicollet Ave. After 3 years of being in business they sold and Paul returned to work at Northern Pump, where he stayed for another 16 years.

They bought their first house at 2827 Fremont Ave. No. and lived there for 43 years. They then sold it and moved into Bremer Way January 18, 1986.

When asked if there was any incidents in their lives they would like to share. They both said they were blessed with wonderful parents and Paul related that one winter night when he was courting Loma, he picked her up to take her home and the cutter broke. (Guess that would be equivalent to running out of gas today).

Loma said those years on the farm when there was no running water, no plumbing, no conveniences whatsoever is unbelievable in contrast to the conveniences they have today.

Their recipe for staying in love and surviving the longevity of marriage was to learn to give and take.

The third couple was Leonard and Loreen Lund #226

It was on June 16, 1928 when Loreen Monahan became the bride of Leonard Lund at the parsonage of Salem Luthern church on 42nd & Dupont Ave. No.

For the first year of their married life they lived with Leonard's parents after which they rented a house on 42nd & Irving Ave. No. They later purchased a house at 50th & Bryant Ave. No. where they made their home for 40 years. Selling it they became Bremer Way Residents on April 28, 1986.

They have one son, John (Jack) who is a retired Navy Captain and resides in Florida. They have 4 grandchildren, all living in Florida. Two are married but as yet they have no great grandchildren.

Loreen was a bookkeeper in her single life and continued her working career after marriage. She worked for J.W. Craig Road Construction and Process Display Adv. Later she switched to being Part time Bookkeeper at Lane Bryant, staying there for 10 years. Retiring at the age of 75.

Leonard was a Meatcutter starting to work in a shop at age 15. In the early 1920's he worked for a short time for the Railroad but returned to Meatcutting.

He worked for Paul Johnson Meats at 42nd & Fremont N. from 1926 to 1950. He then bought the store and run it for himself for 10 years, selling it in 1960. He then sold Real Estate for the Towle Co. and would still help out on weekends and vacations at the meat counters of Ennens on Lowry Ave., Heglunds on 26th Ave. N. and Mangel Hill in Bookdale. He retired permanently at the age of 75 also.

He took his physical for WWI in the Bremer School but was never called.

They shared a humorous event with me. In the summer of 1934 they decided to take the Excursion Train to the Worlds Fair in Chicago. It was a night trip and they played games and danced in the baggage coach. Hotel accommodations were not the best at that time and of course no air conditioning. Coming home Len sat in the open window with his head in his hand sleeping and when we got to LaCrosse for lunch one side of his face was black and one side white. We all laughed and when he looked in the mirror he knew why.

On their 25th Anniversary they took their first plane ride to Chicago and stayed at the Palmer House which was a nice place but not any more.

They have taken other lovely tips which they are very thankful for.

Their recipe for staying in love and surviving a long marriage according to Leonard was to have an argument once in awhile to clear the air. Making up was fun.

Loreen says to learn to live each day at a time and not to take things too seriously and to acquire patience and understanding.

I was delighted to interview these three lovely couples and I know that each one of them must have many more interesting experiences to tell. My most SINCERE THANKS to each of you for willingness and cooperation in allowing me to do this.

On behalf of all Bremer Way

CONGRATULATIONS AND BEST WISHES FOR MANY MORE
HAPPY AND MEMORABLE YEARS TOGETHER

*Happy
Father's
Day*

BREMER WAY CALENDAR - JUNE 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Soc. Comm 5:30 Hamilton Sch. 9:45 AM CARDS	2	3	4 60th Annv. PARTY
5	6 CRAFTS 2:00 PM CRIBBAGE 6:30	7	8 CARDS 2:00 PM	9	10 MINI-CLINIC 10-12 AM Effie Anderson	11
12 CONLIN'S COMM ROOM	13 CRAFTS 2:00 PM CRIBBAGE 6:30	14 COFFEE KLATCH 10:00 AM	15 CARDS 2:00 PM	16	17	18
19 FATHERS'S DAY	20 CRAFTS 2:00 PM CRIBBAGE 6:30	21	22 CARDS 2:00 PM HOMEOWNER & BOARD MEETING	23	24	25
26	27 CRAFTS 2:00 PM CRIBBAGE 6:30	28 COFFEE KLATCH 10:00 AM	29 CARDS 2:00 PM	30		

BREMER WAY

Footprints in the sands of time are never
made by sitting down.

NEWSLETTER

July, 1988

MANAGERS REPORT - Kathy Sayer

ENTRY GUARD - Now that the entry guard has been checked and re-installed, anyone having trouble buzzing people in should let me know in the office. However, if you have a rotary dial phone the signal will drift and there is little that can be done. The signal will also drift with the cheaper push button phones.

SALE - The furniture and household goods in the Lindstedt unit (204) will be put up for sale Thursday, July 7th at 8:00 A.M. in the unit. All of the Bremer Way residents and friends are invited to stop by. This sale WILL NOT be open to the public.

CATERED DINNER - The dinner on Thursday, June 23rd seemed to go pretty well. I appreciated your filling out the questionnaire. As a result of the questionnaire, we will have these people come once a month for the next three months and if we are still satisfied we will start having them twice a month in October for the winter months. Our next dinner is scheduled for Thursday, July 14 - 5:30 P.M. The menu will be posted next week. Please try to get your money to the office soon after you sign up.

SUNSHINE COMMITTEE - Phil Case #220

Sadness has again come to our community with the sudden death of Leonard Lund #226. He was taken to North Memorial Medical Center June 18th where he expired a short time later. Leonard will be greatly missed by all for his humor and friendliness. Our sincerest sympathy to Loreen, son Jack and all her family and friends:

We kept North Memorial Medical Center busy this past month with residents from Bremer Way.

Joe Josephson #201 had Gall bladder surgery and is home again. He is not back to all of his regular activities as yet but is regaining his strength.

Esther DeTuncq #104 is home and recovering from knee surgery. The next two weeks will keep her busy with therapy. She says she is glad to have it all behind her.

Lucille Berg #108 was taken to NMMC on June 20th for observation after complaining of pains in her chest. She is back home and is feeling better.

We extend our sympathy to Esther and Rolliè DeTuncq #104. Esther received word her sister-in-law from Zion, ILL. had passed away. They were not able to attend the funeral because of Esthers' surgery.

SOCIAL COMMITTEE - Audrey Johnson #106

The "Hamilton School party" was indeed a great success and we thank all of you for coming out for it. The kids throughly enjoyed it as I know we all did. It was indeed enlightening to see so many stay around afterwards and visit. The only dissappointment was that "The Bard" never showed.

The party on June 4 celebrating the 60 years of wedded bliss of the three couples was another success. The not only beautiful, but delicious cakes were donated by Leonard and Loreen Lund. The cakes were made by Loreen's nephew, Jerry DeKeuster. who does it as a hobby. Thank you Loreen and Jerry.

We are still looking for volunteers to help with the Coffee Klatch. You can get someone to work with you or you can do it alone. Please call me at 529-5690 for further information.

On Tuesday, July 12th coffee and rolls will be free. As a little "housewarming" gesture Peggy Worthingham and Dorothy Shields (sister-in-law and niece of Gene Worthingham #214) are treating for Gene's moving into Bremer Way. This will also be a good time to come out and meet our newest Resident.

There will be NO CRIBBAGE on Monday, July 4.

There is an Indoor-Outdoor Picnic planned for Thursday, July 21 at 5:00 P.M. The Social Committee will make up and serve Sloppy Joe's, Baked Beans, Potato salad, pickles, lemmonade, coffee and dessert. A nominal price will be charged to defray the food expense.

The food will be served in the Community Room and then you have your choice of eating it indoors or going outdoors. There will be some card tables and folding chairs available for those who wish to go outside.

If anyone would like to volunteer to help prepare the food contact one of the committee. Many hands make light work.

Watch for the sign up sheet which will be going up soon.

The Social Committee would like to THANK Jack and Steve for their untiring cooperation in setting up the Community Room for our various parties. Without them we would be lost. THANKS AGAIN Jack and Steve.

GARDEN COMMITTEE - Van Rudolph #228

A Big THANK YOU to all who helped with the planting of the flowers. It was very much appreciated.

NEWSY CONDO TIDBITS

July Wedding Anniversary Congratulations are in order for:

Earl & Genevieve Huber	#314	July 18 - 54 years
Cliff and Marna Bjork	#120	July 25 - 17 years

The new benches in the front are an added attraction to Bremer Way. The fellows did a great job and deserve a BIG THANK YOU.

The flowers are again becoming beautiful and thick. It takes a lot of watering on Jack and Steves part to keep them that way. The flowers on the Emerson side are truly beautiful and the lilys that were planted are blooming. The Garden Committee and Steve and Jack do a fine job.

Altho our summer vacationers don't go for long periods of time as our winter vacationers we have had many taking trips and they are:

Grace Jackman #119 drove to Wyoming to visit her daughter. Driving across South Dakota was very hot. 113 degrees when they hit Chamberlain. And we complain!!!!!!!!!!!!!!

Mae Hamberg #330 spent 10 days in Edmond, Washington near Seattle visiting her son and family.

Gert and Lloyd Phalen #322 spent a week in New Jersey visiting relatives.

Marian Klaman #218 spent three weeks in California and Canada. She left June 11 to attend her grandsons graduation. She then toured the beautiful spots in Canada - Lake Louise, Baniff, Columbian Icefields.

Jean Gregory #306 is enjoying a visit from her daughter and three grandchildren from Maryland for two weeks.

The DeTuncq's had a family reunion at Turtle Lake on June 19. Their granddaughter and family from Eugene, Oregon and Esther's brother and sister-in-law from Nebraska were there.

I am sorry to have missed mentioning in the last newsletter that Ken and Hermina Henderson #302 were on a trip in May. They visited 11 states.

Don and Helen Berg #101 is spending their summer at their Lake place near Grand Marias. Helen comes home occasionally but Don stays there where he can enjoy the peace and quiet.

Marilynn Ives #105 spends her summers at her lake place also near Grand Marias. She comes home every two weeks to visit her mother.

Bob and Dorothy Borne #208 spend a lot of their summer at their cabin near Paynesville.

OLD AGE SEEN THROUGH YOUNG EYES CAN BE AN EYE-OPENER

"It is nice that some people live to be over 90 years old. Those are the people whom I consider to be the smartest people on Earth."

Geoff Wold, Age 13

"It will be fun to grow old. You could get Social Security money and buy nice cars like Cadillacs."

Albert Green, Age 10

"If you're lucky, you'll be able to feel the weather in your bones."

Lacey Bresnahan, Age 9

"Some of the advantages would be retirement funds, being able to insult people without getting the daylight punched out of you and, last but not least, government cheese."

Kate Christensen, Age 10

"I'm going to live with a grandma because I'll be a grandpa."

Ben Burnes, Age 6

Submitted by Audrey Johnson #106

BREMER WAY CALENDAR - JULY 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 HOLIDAY	5	6 Soc. Comm. 5:30 PM CARDS 2:00 PM	7 SALE FOR LINDSTEDTS 8:00 AM	8 MINI-CLINIC 10-12 AM	9
10	11 CRAFTS 2:00 PM	12 KOFFEE KLATCH 10:00 AM	13 CARDS 2:00 PM	14 CATERED DINNER 5:30 PM	15	16
17	18 CRAFTS 2:00 PM	19	20 CARDS 2:00 PM	21 PICNIC 5:00 PM	22	23
	CRIBBAGE 6:30					
24	25 CRAFTS 2:00 PM	26 KOFFEE KLATCH 10:00 AM	27 CARDS 2:00 PM	28	29	30
	CRIBBAGE 6:30		HOMEOWNER & BOARD MEETING 5:30 PM			
31	CRIBBAGE 6:30					



BREMER WAY

JINGLE OF AN AGING OPTIMIST

With thickening waist
and thinning hair -
and buging bust
and drooped derriere -
With "gimpy" knees
and "wobbly" gait
Life still is worth living
and heaven can wait!

NEWSLETTER

AUGUST, 1988

MANAGERS REPORT - Kathy Sayer

CATERED DINNER - The next catered dinner will be Thursday, August 18th at 5:30 PM. The menu and sign-up sheet will be posted by the 8th of August. The deadline for the money to be in the office will be posted with the sign up sheet. I've been having alot of trouble getting the money in by the deadline; so, consequently, anyone who does not have the money in the office by the deadline will be removed from the list. An entire week should be long enough to sign up and get your money in.

WINDOWS AND DOORS - Frequently the patio door in the library is left open or a window is not locked in the lounge or card room. Please, those of you that use the card room and lounge in the evening, check the windows and patio doors before retiring to your unit for the night.

BLOOD PRESSURE CLINIC - The next blood pressure clinic will be held Friday, August 12th. The new clinic hours are 9:00 AM - 12:00 PM.

BREMER WAY FIRE POLICY - Since there seems to be some confusion as to the proper procedure when the fire alarm sounds in the building, the following is the Bremer Way fire policy.

When the fire alarm sounds in this building:

- Call 911 (They don't mind getting several calls)
- Board members and Jack (If in the building) will check to see where the fire is
- Leave the fire alarm running until the fire department arrives
- All residence are to leave the building by exiting the nearest outside door, by way of the stairs. UNDER NO CIRCUMSTANCES ARE THE ELEVATORS TO BE USED. In this situation, elevators do not even exist.
- Reenter your unit when the all clear is given by the fire Dept.

SUNSHINE COMMITTEE - Phil Case #220

Elmo Lunkley #206 had catarac surgery at North Memorial Medical Center. He says his vision is much improved and with new glasses his vision should be just about perfect.

SUNSHINE COMMITTEE - Phil Case #220

Esther DeTuncq #104 says she is feeling great and is getting stronger every day. Rollie is having therapy to strengthen his legs. A therapist comes twice a week to help him with his exercises. We hope to see him walking in the halls alot more now.

Lydia Kargel #319 was taken to North Memorial with pains in her arem and chest. After several tests it was determined that she had a pinched nerve so she was able to be discharged on the 21st.

A speedy recovery to all !

SOCIAL COMMITTEE - Audrey Johnson #106

We were very happy to have such a big turnout for our indoor, outdoor picnic, which ended up indoors! We served sixty six. We were so glad to see so many stick around and visit (like a picnic). It was really nice to see that you didn't come just to eat. Thanks to everyone for their help! Would you like something like the picnic again?

There is a Birthday party scheduled for the July and August honorees, coming Thursday, August 4th at 6:30 PM. We will have lemonade, coffee and dessert. There will be some surprise entertainment.

A tour of the Governor's mansion is up for Thursday August 18th in the morning. Watch the bulletin board for details.

NEWSY CONDO TIDBITS

August Wedding Anniversary Congratulations are in order for:

Howard and Gen Johnson #207 Aug. 5 - 48 years
Harold and Flora Wiebusch #112 Aug. 8 - 53 years

Bertha Walker #210 visited her sister near Hayward, Wis. for 4 days the middle of July. She enjoyed seeing the wildlife in that area.

Mary and Bob Orfield and thier dog paid a surprise visit to Bremer Way on Friday, July 8th. It was so good to see them looking so great and happy. Retirement and the peace and quiet of the North is agreeing with them.

Muriel Munson #209 enjoyed a visit from her daughter from Brazil for a couple of weeks.

Dorothy Beavers #107 was delighted to have her daughter from Germany visiting her. Dorothy picked Sue up at the airport and then they drove to Omaha to visit with their old friends in their old stamping grounds. They then returned to Minneapolis for a weeks stay.

NEWSY CONDO TIDBITS CONT.

Sylvan and Joe Josephson #201 took a three day bus tour. Destination was the House on the Rock in Wisconsin. Joe said he stood the trip well after his recent surgery.

Andy and Marie Chismar #109 left July 25th for Norway to visit thier son for three weeks. They plan to return on August 17th.

Marci Bodine #118 with a group of 49 people from Marquette Bank called the "Jolly Jaunts" left June 27th for four days up North. They headquartered at Craguns' Pine Beach Lodge on Gull Lake, but took daytime jaunts. One morning the bus took them to Itasca State Park where they enjoyed a picnic. It was the first time Marci had been there since June 2, 1934 when she and her husband spent their honeymoon there at a cabin at Douglas Lodge. She found it hadn't changed much except the dining room had been enlarged and the trees in the park were larger. Marci says the highlight of the trip was when one of the Escorts, Willie Hale, wo was a beautiful singer dedicated and sang for her "I'll Always be in Love with You" as they left Itasca State Park. Other entertainment included an afternoon shopping trip to Nisswa Square. At night after dinner music, jokes and songs by the Dining Room Crew of the Lodge and a Magician. It was a very interesting four days.

Elmo and Onnie Lunkley #206 enjoyed having their son, Bruce from Texas with them for a few weeks. Bruce was helping out after Elmo's surgery.

Gen and Howard Johnson #207 enjoyed having Gen's two sisters visit for three days. One hails from Sioux City, Iowa and the other from Arlington, S.D. They all left July 28th for Arlington, S.D. where Howard and Gen plan to attend Gen's 50th High School Class Reunion. They will return on August 1st.

Melba Stevens just returned Saturday, July 23rd from an Elderhostel on the University of Minnesota campus at Crookston, Minn. Seniors - Elderhostels are fun!!

Kathy is going to Atlanta the 27th of August for a little over a weeks vacation. Guess who's coming to cover the office while she's gone??

XX

ON HUGGING

NOTICE: The Surgeon General has dtermined that hugging is good for your health. Hugging is PRACTICALLY PERFECT. No moveable parts, no batteries to wear out, inflation proof, no periodic check-ups, low energy consumption, high energy yield, non-fattening, no monthly payments, no insurance requirements, theft-proof, non-taxable, non-polluting, and fully returnable. HUGGING IS NATURAL. Organic, naturally sweet, no pesticides, no preservatives, no artificial ingredients, 100% wholesome. The best people, places and times to hug: ANYONE, ANYWHERE, ANYTIME.

BREMER WAY CALENDAR - AUGUST 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 CRAFTS 2:00 PM	2	3 CARDS 2:00 PM	4 JULY - AUGUST BIRTHDAY PARTY 6:30 PM	5	6
7 ABRAHAMS COMM. ROOM	8 CRAFTS 2:00 PM	9 KOFFEE KLATCH 10:00 AM	10 CARDS 2:00 PM	11	12 BLOOD PRESSURE CLINIC 9:00 - 12:00	13
14 EVA SAMPSON COMM. ROOM	15 CRAFTS 2:00 PM	16	17 CARDS 2:00 PM	18 CATERED DINNER 5:30 PM	19	20
21	22 CRAFTS 2:00 PM	23 KOFFEE KLATCH 10:00 AM	24 CARDS 2:00 PM	25	26	27
28 MARCI BODINE COMM. ROOM	29 CRIBBAGE 6:30	30	31 CARDS 2:00 PM			



Every organization is made up of four kinds of bones; There are the wishbones, who spend all their time wishing that someone else would do the work. There are the jawbones, who do all the talking but very little else. Next comes the knucklebones, those who knock everything others try to do. Finally, and very fortunately, there are the backbones; they get under the load and do the work.

NEWSLETTER

September, 1988

MANAGERS REPORT - Kathy Sayer

MINI CLINIC - The September Mini Clinic has been changed from the second Friday to the fourth Friday of September which is the 23rd. The October Mini Clinic will again be on the second Friday of the month.

ENTRY GUARD - Should anyone ever be called by someone saying they are the police and need entrance to the building. DO NOT BUZZ THEM IN. Tell them you will be down to let them in so you can check to be sure that they are with the police department.

TORNADO - When a tornado warning sounds you should leave your unit by the stairs and go either to the inside hall on the first floor or to the inside wall of the North garage or to the inside wall of the south garage. DO NOT USE THE ELEVATORS. If you cannot leave your unit go into the bathroom and close the door.

SUNSHINE COMMITTEE - Please remember to let Phil Case know when someone is ill or in the hospital. She is not going to know unless someone tells her.

SOCIAL COMMITTEE REPORT - Audrey Johnson

The Social Committee held its regular monthly meeting on August 3. There will be another catered dinner by Liz Loeffler on Thursday, Sept. 22. The Social Hour will be 5:30 with dinner at 6:00 P.M. The Sign Up sheet with the Menu and all the particulars will be posted on the bulletin board soon. Please do not confuse this dinner with the catered dinner by Crystal Lake H.C.C. group. That dinner is on Thursday, Sept. 15, and has nothing to do with the Social Committee. Twelve new folding chairs were purchased by the Social Committee for the Community Room.

We are still looking for help with the Tuesday morning Koffee Klatch. There is a sign sheet on the Bulletin Board. If you don't drive or have a car arrangements will be made to pick up rolls.

We are also looking for volunteers to serve on the Social Committee. Come on, people, I'm sure everyone has something to offer. The next committee meeting is Wednesday, Sept. 7 at 5:30 P.M. in the Community Room. Come on down and see what it is all about.

There is another trip to the Chanhassan Dinner Theatre in the planning. There will be a Sign up sheet up soon on the Bulletin Board to see how many are interested as there is a minimum of 25 people. Guests will also be allowed if there is room. The price will be \$19.95 per person which will include everything. The show will be "I Do, I Do". It will be on a Wednesday noon. The

exact date will be determined as soon as we see how many are interested.

Everyone seemed to like the dessert served at the last Birthday Party and requested the recipe. It was promised to be in this newsletter so here goes.

STRAWBERRY PRETZEL DESSERT

- 1½ cups crushed pretzel sticks
- ¾ cup sugar
- ½ cup melted margarine

Mix together. Press into 9X13 pan. Bake 350 for 5 minutes. Cool. (Do not overbake or it is too hard to cut.)

- 1 8oz pkg. cream cheese, softened
- 1 cup sugar
- 1 9oz carton cool whip
- 1 large or 2 small pkgs strawberry jello
- 2 cups boiling water
- 2 10oz pkgs frozen strawberries, partially thawed.

Cream together cream cheese and sugar with mixer. Mix in cool whip. Spread over cooled crust. Mix jello and boiling water together until jello dissolves. Stir in strawberries. Pour over cool whip and refrigerate. Top with spoon of cool whip, if desired, before serving.

Note: Frozen raspberries and raspberry jello may be used in place of the strawberry.

SUNSHINE COMMITTEE - Phil Case

The flu bug made its entrance to Bremer Way this month. It caught up with a few. Marie and Adolph Enge, Jim Farrell, and Elinor Streed all had it and maybe some others which I don't know about.

Bertha Walker was taken to NMMC with stomach pains. They kept her for a couple of days and then she was discharged. She still is not feeling the greatest.

Gladys Conrad had Glucoma surgery as an Out-patient at Abbott Northwestern Hospital on Aug. 3. She is doing quite well and has been joining the girls at Craft Hour on Mondays.

Frank Puccio was taken to the hospital with lower pains on Wed. Aug. 24. He was given treatment and returned home.

Onnie Lunkley had another infection but has that again under control, and is doing well. Elmo says his eyes are getting better every day but he still can't read. He is looking forward to getting his new glasses.

Esther DeTuncq is doing fine with the new knee but now the other knee is kicking up. Rollie still doesn't feel too sharp. He has his good days and his bad days.

Our deepest sympathy goes to Mary Olson, whose beloved brother died very suddenly on Aug. 14 in Texas. Mary is still in Texas.

We wish all a quick return to good health.

GARDEN COMMITTEE - Van Rudolph

Not much is going on with the Gardening Committee except the usual upkeep. A BIG THANK YOU to all those who braved the heat and did such a good job of weeding and pulling of the dead flowers. Thanks!

NEWSY CONDO TIDBITS

Congratulations are in order for September Wedding Anniversaries:

Ted and June Heath #230 Sept. 2 - 47 years
El & Mae Hamburg #330 Sept. 17 - 56 years

We welcome Marie and Andy Chismar back from their trip to Norway.

Congratulations to Kenneth and Hermina Henderson on their purchase of a new Delta Royale Oldsmobile.

Sylvan & Joe Josephson enjoyed a trip to Park Rapids and Osage, Minn.

Ben and Delna Abraham enjoyed a surprise visit from their daughter Karen of Utah. She was here for a week and was able to help Ben celebrate his 80th birthday.

Rueben and Olga Theilke enjoyed a weeks visit from their daughter, Susan and her two sons from Paupack, Pennsylvania. Susan came for a school reunion and also was Godmother for her brothers new baby who was baptised while she was here.

Eunice Andersons' brother and his wife from Tuscon, Ariz. visited. They all attended a Family Reunion in Clarkfield, Mn.

Lydia Kargel spent 2 days at the South District Convention for the Lutheran Women Missionary League in St. Peter, Mn Aug 9 to 11.

Eva Sampson vacationed for 2 weeks in California

Marian Klamann is off on another cruise. This time to Alaska for 10 days.

Ted and June Heath took off Aug. 19 for Alaska. They will be back after the Labor Day weekend.

The Library Committee has gotten some extra shelves and Lucy Berg and Delna Abraham have been working very hard to accommodate the extra books. It really looks good in there.

The people who volunteer to keep the trees and bushes watered during our hot spell certainly deserves a big THANK YOU.

A grateful THANK YOU to Jane Blomquist and Kathy Sayer for getting the Nugust Newsletter out in my absence. The class reunion I attended was all I expected and more. The class looked good for 50 years of wear. Ha!

Kathy Sayer left for her R & R August 27. We welcome Mary Orfield back. We hope she will enjoy her time with us as much as we are going to enjoy having her. Be sure you make it a point to stop and say hello. Time goes fast.

Marci Bodine celebrated her 80th Birthday with a party in the Community Room. Many Bremer Way Residents attended as well as many of her friends and relatives. I understand her brother from Missouri drove up just for the occasion and surprised her.

TO MY BREMER FRIENDS:

It is like truly coming home to be with you again. Your dear faces look so good to me. Thank you for the many "stop-ins" at the office to make me feel welcome, The "fat" stuff I have been tempted by and for making my year away feel like a "long week-end".

Mary

ASSOCIATION DUES ARE DUE THE FIRST OF THE MONTH

BREMER WAY



ACHIEVEMENT

The man who rows the boat generally doesn't have time to rock it.

NEWSLETTER

October, 1988

MANAGERS REPORT - Kathy Sayer

PAPERS - Please remember that all papers are to be bundled or put in bags prior to being set outside the maintenance room door.

GARBAGE - Household garbage is NOT to be left outside the Maintenance Room door. (Large glass bottles may be left.) Please do not put Household garbage in the containers in the garage.

STANDING ASH TRAYS - next to the elevators are NOT spittoons. We have been having trouble with someone using it as such. This is not the purpose of the Ash trays.

A SINCERE THANK YOU to Jame Bloomquist #304 on behalf of all Bremer Way Residents for the matching Captains Bench in the Lobby, donated in memory of Donald. And also for the Wheel Chair. Both will get considerable use over the years.

SUNSHINE COMMITTEE REPORT - Phil Case #220

Sadness again has come to Bremer Way with the death of Don Bloomquist #304 on Sept. 7. Services were held at Washburn McReavy Swanson Chapel on Sept. 10. Our deepest sympathy to Jane and the family.

Our sympathy also to Harold and Flora Webusch #112 in the loss of their little dog, Amy. Amy was only 8 years old but developed a heart problem which took her to Doggie Heaven on Sunday, Sept. 25.

Hospitalization and Illness were no strangers this month at Bremer Way. Frank Puccio #325 had surgery on Sept. 4 at North Memorial Medical Center. He is regaining his strength going for short walks.

Ben Abraham #111 was taken to North Memorial Medical Center on Sept. 10 supposedly with a heart problem but he was diagnosed as having pneumonia. He is home again and feeling better.

Vera Erickson #308 had knee surgery on Sept. 22 at Metropolitan Medical Center. It's reported she is doing well considering the pain they go through with this kind of operation. We hope to see her home real soon.

The flu bug didn't make its exit during the month of Sept. It "bit" a few more residents before taking off. Several Residents were down in October too.

We wish everyone a speedy and full recovery to good health.

SOCIAL COMMITTEE REPORT - Audrey Johnson #106

The next Social Committee meeting will be Oct. 5 at 5:30 P.M. in the Community Room. We invite you to come - we are in need of "new blood".

SOCIAL COMMITTEE CONTINUED -

The next Coffee Klatch will be on Tuesday, Oct. 4. Flora Weibusch #112 Gert Phalen #322 volunteered to serve. We would like to have more people volunteer to serve. The sign up sheet is on the Bulletin Board. "Let's get involved."

The September - October Birthday Party is scheduled for Saturday, Oct. 8 at 6:30 P.M. There will be entertainment. The sign up sheet is on the Bulletin Board for those having birthdays.

There was 70 reservations for the Catered Turkey Dinner on Sept. 22. Reports are that you all thought it was great. There was good reports on our entertainment, Pat Winters and his organ, also. The songs he played and sang certainly brought back old memories. He gave us our moneys worth in time. Some of us could catch his enthusiasm for life and a good time. Don't you think?

An oscillating Fan has been purchased by the Social Committee for use in the Community Room Kitchen. It is NOT TO BE REMOVED from the Kitchen.

NEWSY CONDO TIDBITS

Wedding Anniversary CONGRATULATIONS for October are:

Don & Helen Berg #101 - 48 years
Jim & Berma Farrell #321 - 27 years

The Bremer Way Red Carpet Welcome Mat is out for Mary Lindgren who is taking up residency in #204 as of Oct. 3. We welcome Mary and hope she enjoys her new surroundings as we all do.

Many of our residents have returned from their trips and cruises & lake homes. Welcome home to:

Marian Klaman #218 from her Alaskan Cruise
Ted & June Heath #230 from their Alaskan Cruise
Mary Olson #212 from Texas
Kathy Sayer , Mgr. from her R&R in The South.

Welcome home to: Marilyn Ives #105 and Helen and Don Berg #101 who returned to Bremer Way from their Lake homes near Grand Marias. Don and Helen purchased a 1988 Olds Cutlass Cruiser Wagon in July. Congratulations!

Margaret Smith #216 enjoyed an eight day visit with her neice and husband from sunny California over Labor Day.

Vera Erickson #308 had three of Ralph's neices from Olivia, Mn as guests the week of Sept. 5.

Dorothy Beavers #107 and her brother Vern took a weekend trip to Red Wing and into points of Iowa visiting relatives.

Hilda Reinking #110 spent the weekend of the 24th in Virginia, Mn at a family get-to-gether. A cousin from Norway is visiting there.

Lydia Kargel #319 and Eunice Anderson #217 with two other ladies are on a six day trip to the Ozarks.

Andy & Marie Chismar #109 spent nine days in Wisconsin visiting friends. Our Arizonians will soon be leaving. The first to take flight is Willard and Dorris Carlson #324 who plan to leave Oct. 17.

There is going to be a "Golf Tournament" on the Putting Green for men, women and mixed doubles. Phil Coursolle #222 is planning the event. Watch for further details on the Bulletin Board.

TIDBITS - continued

A weekly Bible study group is meeting on Thursdays at 2:30 P.M. at Bob Borne's apartment (#208) Anyone interested is invited to come.

Have you noticed the beautiful plant on the second floor balcony? Thanks goes to the Arts and Decor Committee. It really adds a lot to our entry way.

It makes one feel good to personally know a celebrity. Don't miss reading the neat article that was published in the Minneapolis & St. Paul magazine that is on the Bulletin Board. It's about our own "Ex-Mgr.", Mary Orfield and her entertaining career.

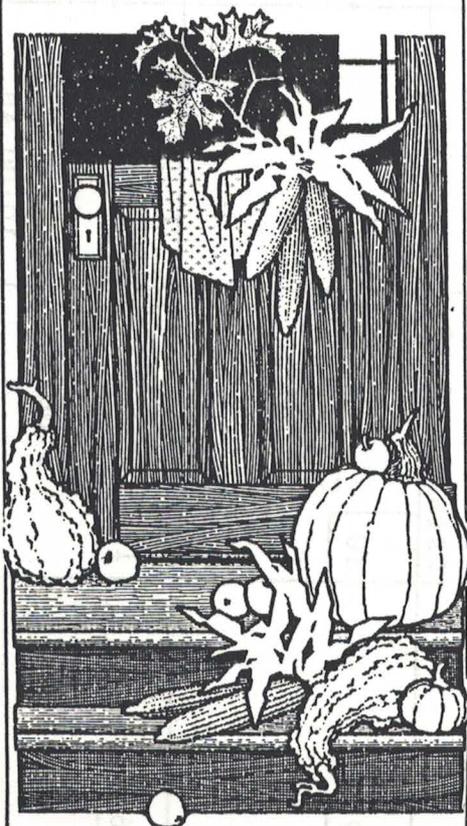
There is also an article on Daryl Laub following Marys. It so happens that Daryl Laub is Ben Abraham second cousin.

We all extend our THANKS to Mary Orfield for being with us while Kathy was on R&R. We really enjoyed having her and it sure seemed like old times.

The Editor of this Newsletter is again making an appeal to all of you to give me news to print. I am not able to keep up on all that goes on, and I know I miss some of your news. I will appreciate anything you give me. Thanks.

DIPLOMACY IS THINKING TWICE BEFORE SAYING NOTHING.

NO ONE CAN HELP EVERYBODY BUT EVERYBODY CAN HELP SOMEONE.



Watch What You Say!

In the course of your conversation each and every day,

Think twice, try to be careful of what you have to say;

Your remarks may be picked up by someone's listening ear,

You may be surprised at what some people think they hear.

Things that you innocently say, or try to portray,

Can be changed, and greatly exaggerated along the way;

Many stories change for the worse as they are retold

So try to keep any questionable remarks "on hold."

May I give all of you some very sound advice?

When you speak of others, say something nice;

Try to say good things, regardless of who is around,

If you have nothing good to say, don't utter a sound.

You may find that an innocent remark, in the end,

May lose you a close and valued friend.

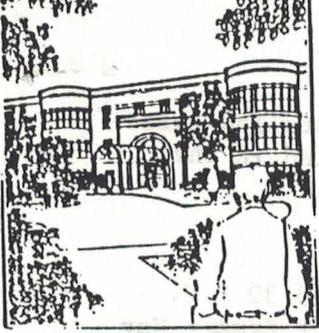
—Henry Lesser

BREMER WAY CALENDAR - OCTOBER 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 CRAFTS 2:00 PM	4 KOFFEE KLATCH 10:00 AM	5 SOCIAL COM. 6 MEETING 5:30 CARDS 2:00 PM	6 BIBLE STUDY THURS. 2:30 APT. 208	7	8 BIRTHDAY PARTY 6:30 PM
9	10 CRAFTS 2:00 PM	11	12 CARDS 2:00 PM PET COM. 10:00	13 BIBLE STUDY THURS. 2:30 APT. 208	14	15 MINI CLINIC 9:00 - 12:00
	CRIBBAGE 6:30					
16	17 CRAFTS 2:00 PM	18 KOFFEE KLATCH 10:00 AM	19 CARDS 2:00 PM	20 BIBLE STUDY	21	22
	CRIBBAGE 6:30					
23	24 CRAFTS 2:00 PM	25	26 HOMEOWNER MET. VOTING 5:30 PM	27 BIBLE STUDY THURS. 2:30 APT. 208	28	29
30	31 CRAFTS 2:00 PM					

Halloween

BREMER WAY



The man who never makes mistakes loses a great many chances to learn something.

NEWSLETTER

November, 1988

MANAGERS REPORT - Kathy Sayer

SNOKE ALARM - Some people are having trouble with their smoke alarms. The alarms are now over two years old and wearing out. Being they are electric alarms they are on 24 hours a day. Each resident is responsible for replacing their own alarms. There are a few alarms that may be purchased in the office. If anyone is interested see me.

55 AGE LIMIT - The voting was completed at the last Resident's meeting to lower the age limit to 55 years for people to buy units in Bremer Way. It passed with 64 for to 6 against.

VOLUNTEERS - I'm really concerned about the lack of volunteers and what it will mean if the trend continues. If we are unable to recruit enough help for our social functions we will have only two alternatives 1) Pay big bucks to hire someone to come in and do it for us 2) discontinue organized social functions. Please think about it and get involved.

SUNSHINE COMMITTEE - Phil Case #220

Sadness has again come to Bremer Way. Rollie DeTuncq #104 died on Oct. 20 at North Memorial Medical Center. His funeral was held at Immanuel Lutheran church on Oct. 24. Our deepest sympathy to Esther and the family.

Our sympathy is also extended to Gladys Conrad #229 in the loss of her brother on October 14.

Our sympathy goes to our dear Sunshine Lady, Phil Case in the loss of her special sister-in-law and friend who died of cancer on Oct. 27.

Onnie Lunkley #206 spent two weeks at Crystal Lake Nursing Home before being transferred to St. Olaf Nursing Home. Elmo says she is adjusting quite well and he is so happy to have her so close. I am sure she would enjoy a visit from some of us now and then.

Ernest Cleveland #316 had a hernia operation on Oct. 24. as an outpatient. He is still a little sore but is up and around.

Howard Johnson #207 is scheduled for outpatient surgery on his right wrist at North Memorial Medical Ctr. on Thursday, Nov. 10.

Vera Erickson #308 is home after her knee surgery and is recovering nicely.

Gene Worthingham #214 was taken to Veterans Hospital on Friday, Oct. 28th with pneumonia. We wish him a speedy recovery.

MAINTENANCE COMMITTEE - Paul Conlin #328

Plans are to have the front safety rails at the front entrance installed this coming week. There also will be peg boards and shelving installed in the work shop the following week.

SOCIAL COMMITTEE - Audrey Johnson #106

The next Social Committee meeting will be on Wednesday, Nov. 2 at 5:30 P.M. Please come join us and see what we do. We must have new members or Bremer Way will be in trouble. I am resigning the first of the year and there probably will be others too. We have all been serving over a year and it should now be someone elses turn.

There was a good turn out for the Oct. 8th Birthday Party. The girls who sang were delightful and everyone seemed to enjoy them and also the dessert. The November/December Birthday party will be held on Nov. 9. Particulars will be posted on the Bulletin Board soon for Birthday sign up. The cost will be 50¢ with Birthday Kids free.

Anyone using the kitichen please return any articles taken home to be washed. The dish cloths are disappearing.

We need help for the Nov. 1 Coffee Klatch and for every other week following. If people are not intersted in doing this we will have to discontinue it also.

We are still looking for a good cateress and hope to have a Christmas Dinner.

NEWSY CONDO TIDBITS

Wedding Anniversary CONGRATULATIONS for November are:

Ernest & Irene Cleveland #316 - Nov. 8 - 51 yrs.
Lyder & Lucille Berg #108 - Nov. 10 - 43 yrs.

Rumor was Ben & Delna Abraham #111 helped Bens' sister celebrate her 100th Birthday on Wednesday, Sept. 28.

Apology to Bernice Bronner #121 in forgetting to mention her as one who accompanied Eunice Anderson and the other ladies on the trip to the Ozarks.

Lloyd and Ruth Gilyard #202 had their son Glen and wife from California spend some of their 3 week vacation with them in Sept. They also spent some time up on the Gunflint Trail.

Frank and Dorothy Brace #309 had a 12 day visit with their "only" two "great grandchildren" Bobby - 2 and Amanda 2 months. Also with their grandson Robert, who is a service man and his wife Marie. They are stationed in North Carolina. Their son Bob made the trip possible.

THANK YOU Mary Olson for bringing the newspaper to the door Monday thru Saturday.
WE LOVE YOU.

Rueben & Olga Theilke #310 returned Oct. 25 from a two week vacation visiting relatives in Seattle and Oregon. They report having beautiful weather and seen lots of beautiful scenery along the Oregon Coast line.

NEWSY CONDO TIDBITS - continued

Lydia Kargel #319 and her sister spent 10 days visiting friends in Frankenmuth, Michigan. This is a Tourist town with only 3200 residents living there. It is located about 100 miles north of Detroit near upper Michigan. It is noted for having the second largest Missouri Synod Lutheran Church in the world. They were first until Chicago built one larger. There is a restaurant there that served 10,000 meals on one Saturday alone.

On Oct. 6th & 7th there was much activity on our putting green. There was a golf outing! The green had been enlarged and shored-up on the east end and was in very good condition for this event. The Social Committee prepared coffee and goodies, and Steve made signs inviting our residents to take part in this event.

The winners in the Womens division were:

1. Berma Farrell
 2. Melba Coursolle
 3. Jane Bloomquist
- Accuracy Champion - Berma Farrell

Mens division winners were:

1. Cliff Hanson
 2. Reuben Theilke
 3. Andy Chismar
- Accuracy Champion - Ted Heath

Winners received memento prizes for their efforts at our Birthday party on Oct. 8. The consensus of opinion was that all had a goodtime.

Phil Coursolle has spent many hours up-grading the green and is hoping that more of the residents will make use of it next year. There is a supply of clubs and golf balls in the auxiliary kitchen in the Community Room, and these are available on "first come, first go" basis. TRY IT, YOU'LL LIKE IT!!!!

Many requested the last dessert recipe at the Birthday Party - Here goes.

LEMON DESSERT

CRUST: 1 cup flour

1 stick margarine

½ cup chopped pecans

Mix and press lightly in 9x12 pan. Bake 20 min. (or less) 350. Cool.

MIX: 1 cup powdered sugar

8 oz cream cheese (softened)

1 cup cool whip

Spread on top of cooled crust

SECOND LAYER:

2 pkgs INSTANT lemon pudding

Mix with 2½ cups milk and 2 T lemon juice

Stir until thick.

Put this on top of cream cheese layer. Then top with rest of cool whip.

Garnish with chopped pecans.

On Sunday, Oct. 30 the Community Room flourished in beauty with the showing of the beautiful paintings by Artist Sharon Amundson of Virginia, MN. Sharon is the niece of Hilda Reinking. The family represents many other talents which makes Hilda rightfully proud. Many Bremer Way Residents attended and enjoyed the lovely refreshments. In behalf of all Bremer Way THANKS!

The Editor wishes to express THANKS to all who submitted news for this newsletter. You are the greatest. Keep it up.....



A LITTLE MINNESOTA WINTER HUMOR.....

MINNESOTA BLUES

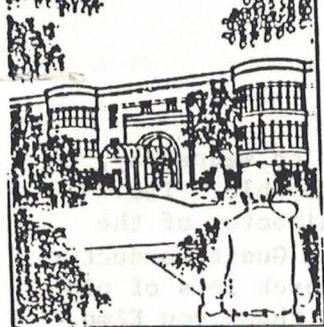
- Minnesota - home of blond hair and blue ears.
- One day it's warm, the rest of the year it's cold.
- Land of many cultures - mostly throat.
- Where the elite meet the sleet.
- Land of two seasons: Winter is coming, winter is here.
- Minnesota - glove it or leave it.
- There are only three things you can grow in Minnesota: Colder, Older, and Fatter!
- Many are cold but few are frozen.
- Minnesota - have you jump started your kid today?
- Why Minnesota? To protect Ontario from Iowa.
- In Minnesota - ducks don't fly south, people do!

THAT EXPLAINS IT

- If at first you don't succeed, you are running about average.
- Life is what happens to you while you are making other plans.
- The average time between throwing something away and needing it badly is about two weeks.
- If you treat a sick child like an adult and a sick adult like a child, everything works out pretty well.
- Some folks say the squeaking wheel gets the grease, but others point out that it is the first one to be replaced.
- By working faithfully eight hours a day, you may eventually get to be a boss and work twelve hours a day.
- Checks are always delayed in the mail; bills arrive on time or sooner.
- Smith's Fourth Law of Inertia: A body at rest tends to watch television.
- Common sense and common knowledge are two of the most uncommon things in the world.
- It is easier to ask for forgiveness than permission.
- The alternative to getting old is depressing.
- If you do a job twice; it's yours.

BREMER WAY CALENDAR - NOVEMBER 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 KOFFEE KLATCH 10:00 AM	2 CARDS 2:00 PM	3 ART CLASS 1:00 BIBLE STUDY 2:30 PM	4	5 COMM. ROOM JEAN GREGORY
	7 CRAFTS 2:00 PM CRIBBAGE 6:30	8 SOC. COMT. MEET	9 NOV-DEC. BIRTHDAY PARTY CARDS 2:00 PM	10 ART CLASS 1:00 BIBLE STUDY 2:30 PM	11 MINI-CLINIC 9:00-12:00	12
13	14 CRAFTS 2:00 PM CRIBBAGE 6:30	15 KOFFEE KLATCH 10:00 AM	16 COMM. ROOM MARNA BJORK CARDS 2:00 PM	17 ART CLASS 1:00 PM BIBLE STUDY 2:30 PM CATERED DINNER 5:30 PM	18	19
	21 CRAFTS 2:00 PM CRIBBAGE 6:30	22	23 CARDS 2:00 PM	24 COMM. ROOM DON BERG	25	26
27	28 CRAFTS 2:00 PM CRIBBAGE 6:30	29 KOFFEE KLATCH 10:00 AM	30 ASSOC. MEETING 6:00 PM BOARD MEETING 6:30 PM			



BREMER
WAY

Merry Christmas

Keep your sense of humor
but give away your smile.



NEWSLETTER

December, 1988

MANAGER REPORT - Kathy Sayer

Sunshine Committee - Phil Case will be resigning as the Sunshine person the first of the year. We certainly owe a debt of gratitude for the marvelous job she has done the last 2½ years. Now, of course, we need another Sunshine person. We need another volunteer to come forward for the job. If not, the tradition of sending flowers, cards to the hospitalized will have to be discontinued. I hope that doesn't happen.

Social Committee - The Social Committee is still looking for volunteers. Audrey Johnson is resigning as Chairperson the first of the year. She has other interests she would like to pursue. Audrey has done a great job and we owe her a debt of gratitude also. There needs to be more people interested in the activities of Bremer Way and become involved. Our social activities could be in jeopardy. It is really up to YOU!!!!

Slippery Walks - Steve has put a small pail of salt under the bench in the main foyer. Should you notice some weekend that the entrance has gotten slippery, please take it upon yourself to throw a couple of handfuls of salt out on the walk.

Carpeting - The carpets have been cleaned in certain areas and the elevators for the holidays. Please remember to wipe your feet when coming in. Arnie won't be back until spring. The furniture will be cleaned in the near future.

Holiday - Because Christmas and New Years falls on a Sunday this year, the office will be closed on Monday, December 26th and Monday, January 2.

Recycling - Remember to attend the Homeowners Meeting tonight (Wednesday, Nov. 30 6:00 P.M.) Debra Butler of the Hennepin County Recycling Program will be speaking on our options to recycle some of our trash.

SUNSHINE COMMITTEE - Phil Case #220

We were fortunate in not having much illness this month. Gene Worthingham #214 had been hospitalized at Vets hospital with pneumonia for 10 days. He returned home on Nov. 14. It was brought to my attention that he was readmitted to Vets hospital on Wed., Nov. 23. We wish him a speedy recovery.

Esther DeTuncq #104 donated a indoor bicycle to be used by Bremer Way Residents. Thank you, Esther. I'm sure it will get much use during the winter months.

Phil Coursolle #222 had same day surgery for removal of a cataract at North Memorial Hospital on Tuesday, November 29. We wish him a very speedy recovery.

SOCIAL COMMITTEE - Audrey Johnson #106

There was 74 people attending the November/December Birthday party on Wednesday, November 9. The entertainment, The Post Office Band, was very enjoyable. The director of the band that evening recognized Elmo Lunkley as the director of the Lake Harriet Band of which he was a member. He invited Elmo to be Guest Conductor for one number. Elmo stood tall and proud and no doubt it brought back lots of old memories. He did a super fine job. All present enjoyed it and we thank you Elmo.

Marcie Bodine #118 has resigned from the Social Committee because of severe back problems. We thank Marcie for her willingness to attend meetings and share in the work. We hope she will soon be feeling better.

It is gratifying to see people signing up to do the Coffee Klatches. THANK YOU - KEEP IT UP!

We wish to thank the ladies, Vi Bohn #301, Loreen Lund #226, and Gladys Conrad #229 for helping the Committee members bake cakes for the Nov/Dec. Birthday party.

DON'T FORGET The Tree Trimming Party on Friday, December 9, 6:00 P.M. The tree and the Community Room will be decorated and it will require many hands. After the work is over there will be hors'd'oeuvres and goodies compliments of the Social Committee.

The Catered Christmas Dinner and party is Wednesday, December 14. Social Hour at 5:30 P.M. - Dinner at 6:00 P.M. There will be a gift exchange same as last year. If you bring a gift you will receive a gift but it is not mandatory to bring a gift. Just fun. The price limit is \$3.00. The sign up sheet is on the Bulletin Board so if you have not yet signed up do so before Dec. 1.

The next Social Committee Meeting is on Wednesday, December 7 at 5:45 P.M. We would like to see some new faces.

ARTS & DECOR COMMITTEE - Hilda Reinking #110

The lovely tree you see in the lobby was purchased by the Arts & Decor committee and it will be decorated only with white lites.

NEWSY CONDO TIDBITS

Lloyd & Gert Phalen #322' flew to Las Vegas Nov. 6 for four days. They report no big wins but lots of fun.

Loreen Lund #226 left November 22 to spend Thanksgiving with her son, Jack and family. She will be gone a week. She was accompanied by a friend for the trip.

Vi Wallander #312 is spending 3 weeks in Florida with her daughter. She expects to return December 10.

Al & Mae Hamburg #330 had the misfortune of having their car stolen while visiting friends on Thomas Ave. a couple of weeks ago. They received word that it was located at the impound lot in St. Paul. At this writing they are not sure of the damage done.

NEWSY CONDO TIDBITS -continued

Earl & Gen Huber #314 flew to Orlando, Fla. for 4 days from November 17-21. They saw Disney World, The Epcot Center, and Cape Canaveral. There was a Moon Rocket on the launching pad ready for take off. There were thousands and thousands of people there. They enjoyed riding everything they had and playing in the ocean at Cocoa Beach.

Good fortune does befall one once in awhile. Gen Johnson #207 was the winner of a box of groceries, value \$25.00 at the Bazaar at Ascension church on Oct. 30. Vi Wallander #312 sold her the ticket.

LET'S DECLARE WAR!

On What? A few weeks ago I saw a bug! What? A bug! What kind of bug? Well I didn't really know. I thought maybe a roach. My husband said: "That's no roach". Days passed and I sorta forgot about it. Then one day I saw a couple more. Smash! I killed them! I want to move! I am not a dirty housekeeper! I am scared. What can we do? I sprayed. I told no one. --- Oh! not another one and it looks like babies. EEK!! SMASH!! I guess I better talk to management. Okay ----- I'll call John, the exterminator..... Hello John, What can I do? I don't want to admit it. John says, Don't move. You're admitting it and that is half the battle. Johns recipe for roaches is.

1. Buy bait traps
2. Put one under sinks on walls.
 - one behind the refrigerator
 - one behind the microwave
 - one behind stool
3. Change every two weeks
4. Sprinkle Boric Acid around edge of inside cupboard under sinks.

Guess what! No more roaches for several days and I am sleeping better nights. WHEW! that was terrible. Lets declare war on roaches and keep our lovely building from being infested. AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE.

A concerned resident.

Prescription Safety Checklist

1. **Why is the drug being prescribed?**
 - Is the medicine needed? What is the cause of the symptoms — and will this actually cure the underlying problem or will it provide only temporary relief?
2. **Do you understand the effects of the drug?**
 - Be sure to discuss with the doctor the special characteristics of the new medicine — including how to take it, undesirable effects, precautions, and expectations for benefit. Do you know under what conditions to discontinue the drug or call the doctor?
3. **How long should the medicine be taken?**
 - Does the drug have to be continued indefinitely? If it can be suspended, are there any special instructions about tapering off gradually? When should the drug regimen be reviewed?
4. **Were you provided with written instruction?**
 - It can be wise to have the doctor write out legible, understandable directions. Did you receive a list of precautions, warnings, and effects? If needed, have a friend or relative be advised of any special or complicated information in order to facilitate the treatment.
5. **Did the doctor ask about your other drugs?**
 - When you visited the doctor's office, did you take a list of everything you are taking, including over-the-counter medications? This can enable someone to check a reference book to make sure there are no incompatibility interactions. Too, it enables you to be sure you aren't taking any duplication or similar kinds of medicine.
6. **Was the cost of the drug checked?**
 - Can you afford to pay for the new prescription, and if not, is there a cheaper alternative that will do the job? Try to shop comparatively.
7. **Do you know the expiration date of the drug?**
 - Did the pharmacist type on the label the date when your medicine is no longer good? Remember, don't keep old bottles lying around; drug deterioration can lead to health problems.
8. **What about non-prescription drugs?**
 - Read the label or check with the pharmacist about an over-the-counter remedies you may have purchased. Are they safe and effective or do any of your health conditions need to be considered in using these drugs?
9. **Do you follow your doctor's instructions?**
 - Once you understand why it is important to take your medicine, do you follow through? Drugs save lives, but in order to work effectively, you have to use them according to the doctor's directions. The only way blood pressure pills can prevent the complication of hypertension (stroke, heart attack, kidney disease, etc.) is if you take them properly. Again, doctors and patients need to forge a cooperative, best-effort partnership.

BREMER WAY CALENDAR - DECEMBER 1988

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 CRAFTS 2:00 PM	5 CRAFTS 2:00 PM	6 KOFFEE KLATCH 10:00 AM	7 CARDS 2:00 PM SOC. COMM. MEET 5:45 PM	8 LAST ART CLASS 1:00 PM BIBLE STUDY 2:30	9 MINI-CLINIC 9:00-12:00 TREE TIMING PARTY 6:00 PM	10
11 JEAN GREGORY COMM. ROOM	12 KATHY OFF CRAFTS 2:00 PM	13 KOFFEE KLATCH 10:00 AM	14 CARDS 2:00 PM X-MAS PARTY DINNER 6:00 PM SOCIAL HOUR 5:30	15 BIBLE STUDY 2:30	16 KATHY OFF	17
18 VI WALLANDER COMM. ROOM	19 CRAFTS 2:00 PM CRIBBAGE 6:30	20 KOFFEE KLATCH 10:00 AM	21 CARDS 2:00 PM	22 BIBLE STUDY 2:30 PM	23	24 DON BERG COMM. ROOM
25 X-MAS DAY THIEKE'S COMM. ROOM	26 CRAFTS 2:00 PM LORRAINE ANTON COMM. ROOM CRIBBAGE 6:30	27 KOFFEE KLATCH 10:00 AM HEATH'S COMM ROOM	28 CARDS 2:00 PM	29 BIBLE STUDY 2:30 PM	30	31

OFFICE CLOSED